

# LEARN & EXPERIENCE ENERGY HEALING!

Give yourself the gift of self-care

# Learn the Power of Energy to Heal Yourself & Your Loved Ones!

#### [Free] Introduction to Pranic Healing

Friday, Jan 6, 6:30-8:30pm

Learn the basic principles of energy healing and come away with some powerful tools you can start using right away.

## [Free] Community Healing Night

Saturday, Jan 7, 6:30-8pm
Experience the Meditation of Twin Hearts and a free Pranic Healing Session

### <u>Basic Pranic Healing Class</u>

Weekend, Jan 7-8, 9am-5pm both days Deep dive into the understanding of our energy anatomy and come away with simple techniques to heal yourself and others physically, emotionally, and mentally.



Scan below to register!



All events located near Alki Beach (address given upon registration)

Questions? Contact gayle@pranichealing.com