

# Homework

1. **Scroll through Instagram with your kids and talk about what you see. Point out racist/sexist/ableist memes.**
2. Do a media audit at home. What's in your Hulu queue? What's on your bookshelf? Who writes the stories, who benefits from the stories, who is missing from the stories?
3. Racism is like climate change: we inherited this mess and have a responsibility to help clean it up. How can your family help? What's your racial justice equivalent of recycling, using less water, or taking public transit? What can you do daily/weekly/monthly?
4. Identify your superpowers. How can you use them in anti-racism work?
5. Movie night! Go see a movie directed by a BIPOC.
6. **Amplify the voices of BIPOC folks. Share your platform. Ask the BIPOC folks in your life how they would like you to support them.**
7. Spend that privilege! Support BIPOC-owned businesses.
8. **Make time for reflection and self-care. This is a marathon, not a sprint.**

# RESOURCES

Teaching Tolerance: Teaching Hard History podcasts - appropriate for teens

This Book Is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do The Work, Tiffany Jewell

So You Want to Talk About Race, Ijeoma Oluo

Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race,

Beverly Daniel Tatum

The History of White People, Nell Irvin Painter

The New Jim Crow: Mass Incarceration in the Age of Colorblindness, Michelle Alexander

The Color of Law: A Forgotten History of How Our Government Segregated America, Richard Rothstein

Stamped from the Beginning: The Definitive History of Racist Ideas in America, Ibram X. Kendi

How to Be an Antiracist, Ibram X. Kendi

# RESOURCES

**Racial justice with Black narrative:** Ijeoma Oluo, Ta-Nehisi Coates, Angela Davis, adrienne maree brown

**White Privilege:** Beverly Daniel Tatum, Tim Wise, *Unpacking the Invisible Knapsack*, Peggy Macintosh, 1989. *What Does it Mean to Be White*, Robin DiAngelo, 2012. *White People*, Jose Antonio Vargas, 2015, Seeing White podcast, *A Definitive History of Racist Ideas in America*, Ibram Kendi

**Indigenous Native:** *Project 562*, Matika Wilbur, Tracy Rector, Gyasi Ross, Haunani-Kay Trask

**Multiracial/ Mixed Race:** *Raising Mixed Race*, Sharon Chang

**Transracial Adoption:** Angela Tucker, Rhonda Roorda, Joel Peterson, Beth Hall; *Outsiders Within: Writing on Transracial Adoption*

**Queer, Trans, Feminist:** Black Lives Matter, Audre Lorde, Margaret Cho, Laverne Cox, *Revolutionary Mothering*

**Education Equity:** *More Than A Score*, Jesse Hagopian, 2015., Dr. Beverly Tatum

**Housing Segregation & Public School Impacts** : “*Choosing a School for my Daughter in a Segregated City*,” June 9, 2016 New York Times, Seattle Racial Restrictive Covenants, 1920-1948. *Race the Power of an Illusion*, 2003

# RESOURCES

**Autistic people of color:** All the Weight of Our Dreams, 2017

**Disabled parent perspective:** Meriah Nichols, Meriahnichols.com

**Youth with Disabilities:** Yo! Disabled and Proud

**Disability in Media:** Disability Visibility Project (*Partnership with StoryCorps*)

**Disability Justice:** Disability Rights Education and Defense Fund - civil rights law & advocacy

**Parent Advocates:** Council of Parent Attorneys and Advocates *Copaa.org*

**Local Self-Advocates:** SAIL (Self Advocates In Leadership)

**Disability Advocacy for POC:** Open Doors for Multicultural Families

**Parent Support:** The Arc of King County; Parent to Parent