



# 8 Going on 18

## The Rush to Adulthood

With Amy Lang, MA

It seems kids are behaving, dressing and playing at being teens and adults considerably sooner than they used too! Who or what is to blame? What can we do to help curb this sometimes disturbing trend?

- ▶ *Why kids are growing up so quickly these days*
- ▶ *How our sexualized culture came to be*
- ▶ *How all these sexual messages are impacting our kids*
- ▶ *What parents can do to fight against it*

Mom's Choice Award® winning author of *Birds + Bees + YOUR Kids* and *The Ask ANYTHING Journal*. Amy Lang speaks, teaches and writes about talking to kids about sex in the Puget Sound area and nationally.

She's been featured in Seattle's Child, Seattle Magazine, on NWCN's "NW Parenting" segments, and KOMO Radio's Family 4-1-1. Visit [BirdsAndBeesAndKids.com](http://BirdsAndBeesAndKids.com) for video so you can see her in action!

"Amy Lang makes talking about sex feel like talking about winning the lottery - there are a million wonderful things to do, a million awesome ways to have the conversation."

- Cheryl Murfin  
Seattle's Child Magazine

"I use the techniques I've learned from your workshops with my daughter, now 10, almost daily. She is so at ease and smart about her birds and bees info, it's just a normal part of life. Thanks!"

- Jeanne S.

"You inspired me to think about sex and talking with your children about this differently. Specifically, your comment on it's a matter of health and safety hit home."

- Onti R.



**Date:** April 8

**Time:** 6-8pm

**Location:** Pathfinder K-8