

Saturday June 19th, 10am - 3pm
Kick Off Celebration &
Registration Party

Prizes!!!

Chair Massage!!!

Training Tips!!!

Starbucks Coffee!!!



Come join the fun as we kick off registration for the 2010 Alki Beach 5k Walk & Run.

Enjoy **prize drawings** for Brooks Shoes, Brooks Apparel, Massage from West Seattle Bodyworks, Run Coaching by Michele Pettinger, Body Bar products, Stella & Dot Cancer Awareness charm, Scentsy candle warmer with scent bars & **more!**

Chair massages provided by Body Bar, complimentary Starbucks coffee, and West Seattle Physical Therapy will be on site to offer training tips.

West Seattle Runner
West Seattle's first and only specialty running store
3727 California Ave SW