

## Notice:

On Saturday October 31st there will be a special event here in Lincoln Park.

MFG Cyclocross in cooperation with City of Seattle Parks are bringing bicycle racing to the grounds of Lincoln Park. A large portion of the park will be affected.

The course will be made up by much of the trails and grass areas at the north end of the park. Please see map below. The course will be marked with poles and barricade tape. There will be crossings for spectator flow. Trials #2, 3, 6, 8, 10 & 12 will be most affected by the race. Access to the beach will be maintained using Trails #4 and the southern portions of #1, 2 & 3. The first race begins at 9:00, the last will end at 3:30, the course should be picked up by 5:00 pm.

Join in on the fun!

Cyclocross is a bicycle race, mostly on grass, some dirt, a little pavement, and there are some places the riders must dismount, pick up the bike and run (all in one fluid motion). Anyone can race, and there's a category for just about everyone. All you need is bike that you can ride on grass and dirt, and a helmet. Kid's races for 10-12 yrs and younger are at 12:10, other age groups go throughout the day. Whether you give it a go, or just watch the speed of the top class at 1:20, it's a spectacle.

For more information, visit: [www.mfgcyclocross.com](http://www.mfgcyclocross.com)

