

# WESTSIDE

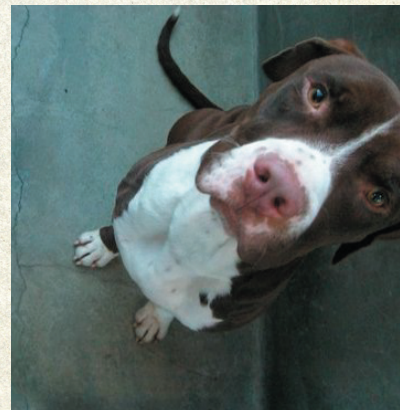
YOGA | DOGA



## YOGA SOCIAL BENEFIT FOR WSYD DOG OF THE WEEK, "MR. NEW YORK". COME FOR THE YOGA OR JUST FOR THE SOCIAL!

*Join us Friday, March 26, 6 p.m. - 9 p.m.*

The fun begins from 6:00-7:00 pm with an all level 1 hour Yoga Vinyasa Flow class taught by Brenda Bryan. The fun continues from 7:00-9:00. We'll follow with music by Anjuman: Indian/Afro-Cuban Ensemble, snacks, beer, wine and nonalcoholic beverage choices.



Dogs Deserve Better literally rescues dogs off chains and works on legislation to get dogs off chains permanently. The local chapter is a small group of dedicated volunteers who work tirelessly for the betterment of dog's live.

Mr. NY was rescued from East LA shelter and he needs a foster/permanent home.  
His personal website. [home4ny.tumblr.com](http://home4ny.tumblr.com).  
More info on Dogs Deserve Better. [www.dogsdeservebetter.com](http://www.dogsdeservebetter.com).

15.00 suggested donation for the yoga class and social  
10.00 suggested donation for just the social.

More info on Anjuman: <http://www.kaliproductions.org/anjuman.html>



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